



PALAZZO FIUGGI

WELLNESS MEDICAL SPA

EASTER RETREAT

Recharge your body and mind in the heart of nature.



EASTER RETREAT

DURATION: 3 NIGHTS

From Saturday, April 19, to Tuesday, April 22

Escape to a sanctuary of wellness and excellence this Easter. Experience unique treatments and the exclusive culinary experience signed by Heinz Beck, three Michelin-starred chef. Reconnect with nature on a historic hike to the Certosa di Trisulti or experience the healing power of Forest Bathing in the serene Fiuggi Thermal Baths. A perfect retreat to rejuvenate body and mind in an oasis of luxury.

GOALS

- Receive a professional medical check-up in a relaxing environment
- Reduce physical and mental stress levels
- Customize an integrated treatment program

TREATMENTS INCLUDED:

MEDICAL TREATMENTS

First medical visit	1
Electrocardiogram (ECG)	1

WELLNESS TREATMENTS

Welcome Hammam Palazzo Fiuggi	1
3 steps hydrotherapy	3
Psammo therapy	1
Bodywork deep detox	2
Bodywork deep Stress release	1
Kobido ritual	1
Daily Thalassotherapy treatment	✓

NUTRITION

Breakfast, lunch, and dinner with an à la carte menu	✓
The therapeutic Fiuggi water straight from the source	✓
Herbal infusions from the world's oldest pharmacy	✓

Price

Stay in a Charme room, single occupancy: € 3.045
Stay in a Charme room, double occupancy: € 5.565



ELEVATE YOUR EASTER RETREAT WITH EXCLUSIVE EXPERIENCES

Choose to add a guided hiking adventure, or indulge in the full nature experience by combining hiking with the restorative practice of Forest Bathing.



HIKING TO THE CERTOSA DI TRISULTI

Discover the perfect blend of history and nature with a guided hike through the stunning Ernici Mountains to the Certosa di Trisulti Monastery. This ancient monastery, dating back to the 13th century, is surrounded by breathtaking landscapes and serene forests.



FOREST BATHING IN THE FIUGGI THERMAL PARK

For the ultimate wellness experience, combine the hiking adventure with Forest Bathing in the tranquil chestnut forests of Fiuggi. This scientifically proven practice helps reduce stress, boost the immune system, and restore inner balance by immersing yourself in nature's healing energy.

CHOOSE YOUR EASTER RETREAT EXPERIENCE:

EASTER RETREAT EXPLORER



Enhance your Easter retreat with a guided hiking excursion to the ancient Certosa di Trisulti Monastery. An immersive experience combining history and nature to rejuvenate both body and mind.

Guided hike with a visit to the Certosa di Trisulti Monastery

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Price

Stay in a Charme room, single occupancy: € 3.345

Stay in a Charme room, double occupancy: € 6.165

EASTER RETREAT AWAKENING



Complete your Easter retreat by combining the hiking excursion with Forest Bathing in the peaceful chestnut woods of Fiuggi, allowing you to reconnect with your inner balance through the revitalizing energy of nature.

Guided hike with a visit to the Certosa di Trisulti Monastery

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Forest Bathing in the tranquil chestnut forests of Fiuggi

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Price

Stay in a Charme room, single occupancy: € 3.545

Stay in a Charme room, double occupancy: € 6.565



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